

St Joseph Catholic Church

Eucharistic Adoration Newsletter



May 2025
Issue 71

Presented by the
St. Joseph Eucharistic Adoration
Committee

St. Joseph's Eucharistic Adoration Newsletter

May 2025 Issue 71

**The Month of May is
Dedicated to
Blessed Virgin Mary**



Our Lady of Guadalupe

"The Eucharist, in the Mass and outside of the Mass, is the Body and Blood of Jesus Christ, and is therefore deserving of the worship that is given to the living God, and to Him alone" (St Pope John Paul II, Opening address in Ireland, Phoenix Park, September 29, 1979).

Feasts for May 2025

1. Joseph the Worker, Opt. Mem.
2. Athanasius, Memorial
3. Philip and James, Apostles, Feast
4. THIRD SUNDAY OF EASTER, Sunday
10. Damien de Veuster (USA); John of Avila, Opt. Mem.
11. FOURTH SUNDAY OF EASTER (GOOD SHEPHERD SUNDAY), Sunday
12. Nereus and Achilleus; Pancras, Martyrs, Opt. Mem.
13. Our Lady of Fatima, Opt. Mem.
14. Matthias, Apostle, Feast
15. Isidore the Farmer (USA), Opt. Mem.
18. FIFTH SUNDAY OF EASTER, Sunday
20. Bernardine of Siena, Opt. Mem.
21. Christopher Magallanes & Companions, Opt. Mem.
22. Rita of Cascia, Opt. Mem.
25. SIXTH SUNDAY OF EASTER, Sunday
26. Philip Neri; Minor Rogation Day, Memorial
27. Augustine of Canterbury; Minor Rogation Day, Opt. Mem.
29. Pope Paul VI, Optional Memorial or SOLEMNITY OF THE ASCENSION,
31. Visitation of the Blessed Virgin Mary, Feast

In this issue:

- The Virgin Blessed Mary
- The Role of the Blessed Mother in Our Catholic Faith
- Personal Reflection by Deacon Bob Repke
- Holy Music Honoring Our Blessed Mother
- Eucharistic Adoration Etiquette
- Seminar on the Liturgy of the Hours During the Easter Season
- Eucharistic Adoration Schedule

The Virgin Blessed Mary



Dear Faithful Readers, we are happy to provide you a link you can thoroughly examine at your leisure. This link is full of information about Our Blessed Virgin Mary.

The Link is:

[Marie de Nazareth: Overview of Mary's Life](#)

Here are some of the topics of interest in this site:

- [Overview of Mary's Life](#)
- [Life in Nazareth](#)
- [Sacred Scripture](#)
- [Doctrine](#)
- [Great Marian Witnesses](#)
- [Other Views on Mary: Judaism, Islam...](#)
- [The Virgin Mary in Art](#)
- [Mary fills the world](#)
- [Marian Apparitions - The Mariological Age](#)
- [Prayer with Mary](#)

The Role of the Blessed Mother in Our Catholic Faith



The Role of the Blessed Mother in Our Catholic Faith:

In Catholic faith, the Blessed Virgin Mary is revered as the Mother of God and a unique model of discipleship. She is seen as the Mother of the Church and a powerful intercessor, playing a central role in God's plan for salvation. Catholics believe she was conceived without sin and remained sinless throughout her life, allowing her to be the perfect vessel for the Incarnation. Here's a more detailed look at Mary's role:

- **Mother of God (Theotokos):** The first and most fundamental truth about Mary is that she is the Mother of God, the Mother of Jesus Christ, who is both true God and true man. This title is central to the Catholic understanding of the Incarnation, where the eternal Son of God became human.
- **Mother of the Church:** Because she is the Mother of Christ, who is the head of the Church, Mary is also considered the Mother of the Church. She is seen as the model of the Church, embodying its mission of proclaiming the Gospel and serving others.
- **Model of Discipleship:** Mary's unwavering faith, obedience, and willingness to accept God's will make her a model for all Catholics to follow. Her response to the angel Gabriel's announcement at the Annunciation, "Be it done to me according to your word," demonstrates her trust and submission to God's plan.
- **Powerful Intercessor:** Catholics believe that Mary, being the Mother of God and a member of the Communion of Saints, can intercede for them with her Son, Jesus. She is often prayed to for her help and protection, as she is believed to be a powerful advocate for the faithful.

- Sinlessness and Immaculate Conception: The Church teaches that Mary was preserved from original sin from the moment of her conception, a belief known as the Immaculate Conception. This, coupled with the belief that she remained free from personal sin throughout her life, emphasizes her holiness and purity as the Mother of God.
- Assumption into Heaven: The Church also teaches that Mary was assumed, body and soul, into heaven at the end of her earthly life, a belief known as the Assumption. This event signifies her glory and her eternal union with Christ.
- Perpetual Virginity: The belief that Mary remained a virgin before, during, and after the birth of Jesus is a core element of Catholic Mariology. This signifies the miraculous nature of her role in the Incarnation.
- In essence, Mary's role in the Catholic faith is multifaceted and profound. She is not just a historical figure, but a living, active member of the Church, who continues to guide, inspire, and intercede for the faithful.

Personal Reflection by Deacon Bob Repke

This Personal Reflection by Dcn Bob Repke was published five years ago is Very Worthy of reprinting now.



The month of May is a special time for us Catholics to pay homage to our Blessed Mother Mary. Note that I say we pay homage to her. Contrary to a distressing misconception found among Evangelicals and Protestants, we honor Mary. We do not worship her.

She has a unique role in salvation history as the Mother of God, conceived without Sin, who by her own free will agreed to bring the “Word made flesh”, (John 1:14) our Lord and Savior Jesus Christ into the world. Mary is prefigured as the one who would crush the head of the serpent (a figure of Satan) in Genesis 3:15 through her Divine Son. Still, she in no way overshadows Him, nor would she ever wish to!

Her life in the Gospel years was one of service and great devotion to Jesus, from the cave in Bethlehem where she gave birth to Him, to Calvary in Jerusalem where she stood by His cross in His Crucifixion, from Crib to Cross, as it were. While she has a somewhat low profile in the Gospels, her words there still resonate with us today and challenge us to follow her example of humility, obedience, and service to God.

We read when she gives her famous assent to becoming Jesus’ mother: **“Behold I am the handmaid of the Lord. May it be it done to me according to your word” (Lk 1:38).** A short time later she proclaims with joy in the Magnificat when visiting Elizabeth, her relative, that **“My soul proclaims the greatness of the Lord, my spirit rejoices in God my Savior” (Lk.1:46-47).** And, last but not least, what are her final words in scripture? **“Do whatever he [Jesus] tells you” (John2:5).** (This is her request to the waiters at the Wedding Feast at Cana right before Jesus turns water into wine with just a thought).



Mary was the only human being created without the stain of Original Sin (outside of Jesus, of course, who had both a Human and a Divine nature), God nonetheless chose Mary specifically, to play a vital role in our salvation. Mary’s Immaculate Conception enabled her to bear her Divine Son in a womb free from any taint of sin and enabled her to devote her life to Jesus in the most loving and devoted manner possible.

(Can you imagine what might have happened if she had been prone to the kinds of weaknesses of human nature, we all suffer from? If she were somehow jealous of her Divine Son, for example, or was otherwise unwilling to bear with the great sorrows as well as the joys as the Mother of our Lord!)



Speaking of sorrows, Jesus, as He was dying on the Cross, gave us His mother to be our Mother as well when he entrusted her to St. John's care (Jn 19:26-27) Numerous theologians and Saints have confirmed this. Mary was conceived and lived a life "full of Grace"(Lk. 1:28). And she wishes very much to share the graces given her by God on our behalf. St. Bernardine of Siena once said: "Every grace that is communicated to this world has a threefold course. For by excellent order, it is dispensed from God to Christ, from Christ to the Virgin, from the Virgin to us." Pope Pius XII was by no means alone when he once said "Whenever we speak of Mary or speak to her, let us not forget that she is really our Mother, for through her we received divine life. She gave us Jesus himself, the source of grace. Mary is a Mediatrix and Dispenser of Graces."

Our Blessed Mother has shown us some amazing miracles on behalf of her Son that can strengthen our faith. (Think of the "Miracle of the Sun" from Our Lady of Fatima, for example!) In these and other such apparitions she has urged all of us "Banished children of Eve" to adopt greater piety and devotion to God and neighbor. (But do we listen? That's the question!) She has also given us a great weapon in our Spiritual arsenal in the Rosary.

St. Francis de Sales called it "the greatest method of praying". Blessed Alan de la Roche said this prayer is "the storehouse of countless blessing." And St. Padre Pio once remarked that "the Rosary is the weapon given us by Mary to use against the tricks of the infernal enemy." It not



only brings us graces but also is a great way to meditate on the lives of Our Lord and His Blessed Mother! Mary herself once told Blessed Alan that "when you say your Rosary, the angels rejoice, the Blessed Trinity delights in it, my Son finds joy in it too, and I myself am happier than you can possibly guess. After the Holy Sacrifice of the Mass, there is nothing in the Church that I love as much as the Rosary."

Remember that Mary always seeks to be a bridge not a barrier to Her Divine Son our Lord and Savior Jesus Christ! Don't ever feel afraid to approach her in prayer for grace, strength and her intercession to Jesus for your personal intentions!

Holy Music Honoring Our Blessed Mother

https://youtu.be/av9yADIGxa8	https://youtu.be/rzSOObvRtNI
Shubert – Ave Maria - Instrumental	Ave Maria - Gregorian
https://youtu.be/5hW9AhfWKmY	https://youtu.be/aSuQEZCFvB8
Litany of Loreto	The Complete Latin Rosary in Gregorian Chant
https://youtu.be/FPHk5ehKhi0	https://youtu.be/CKWRuFjIRFo
Litany of the Blessed Virgin Mary in Latin and English	Litaniae Sanctorum

EUCCHARISTIC ADORATION ETIQUETTE

A Gentle Reminder of the Do's and Don'ts

First and foremost, the Eucharistic Adoration Committee, our Parish Priests and Deacons and Administrative Staff at St. Joseph's, recognize the commitment and dedication which is evident by the growth in numbers of Eucharistic Adorers making it possible for our entire parish to be able to just come in and pray with Our Lord in the Blessed Sacrament. It is a testament to the understanding and devotion by so many Eucharistic Adorers which makes it possible for so many Eucharistic Adoration hours to be available for our Parish.

Along with growth in numbers comes the need for some gentle reminders, which are needed from time to time. Please note, as most already know that Eucharistic Adoration has for centuries been a SILENT ADORATION. There are guidelines which support a SILENT EUCCHARISTIC ADORATION and have for the most part been part of St. Joseph's Eucharistic Adoration format.

FOLLOWING ARE SOME VERY SPECIFIC "ETIQUETTE" ITEMS WHICH MUST BE FOLLOWED BY EVERYONE COMING TO THE CODY CENTER CHAPEL.

The Etiquette for Eucharistic Adoration was developed with the understanding that the Blessed Sacrament in the Monstrance is the "Real Presence" and thus the ultimate reverence should always be shown and displayed. Yes, there is etiquette which should always be observed. Following is a list of reminders which involves your personal commitment to the Hour of Adoration and some personal behavior while in the chapel.

1. Please be silent always. Anytime the Blessed Sacrament is exposed in the Monstrance, there must be **TOTAL SILENCE** (other than the specific times when prayers or songs are recited... see schedule above). All Prayers and Readings should be recited in total SILENCE. The exception to this silence comment is at the beginning Eucharistic Adoration hour or at the scheduled time when the Blessed Sacrament is reposed. At those times there are prayers which are recited by a Priest, Deacon or an Extra Ordinary Minister of Holy Communion. The adorers are encouraged to respond to those prayers.
2. Please do NOT Talk or Socialize in the Chapel. There are two primary reasons for this silence, first is that the Eucharistic Adorer is in the Real Presence of the Our Lord and Savior in the Blessed Sacrament and second, any talking or socializing in the Chapel is a distraction to those praying and meditating. There is "absolutely no talking, or socializing in the ENTIRE CHAPEL, not just where the chairs are located. This means that the area in the back, where people sign in, is also a NO TALK or SOCIALIZING ZONE.
3. Please note: To the parents who bring young children to Eucharistic Adoration. You and your wonderful children are most welcome. It is understood that young children will from time to time get a bit restless. We know that you are first and foremost, parents who want to teach your children the love and kindness which Our Lord in the Blessed Sacrament and His Blessed Mother will bestow on your family. Please do not leave when your children are restless... in your own loving manner, softly

and kindly, whisper to them that they are in His house and Presence. No Eucharistic Adorer will be offended that you are teaching your (HIS) children to learn to pray to Jesus and His Blessed Mother.

4. Please genuflect or kneel upon entering the presence of the Lord or simply bow if you are not able to genuflect. Sitting or kneeling during your Hour of Adoration is appropriate.

5. Please do not bring anything to adoration that will make noise and be a distraction to others.

6. Please do use of electronic devices (cell phones, tablets or iPads) to read prayers or scriptures if doing such is not a distraction to others praying and meditating. The electronic devices should NEVER be heard or be used to cause a distraction to others. If you bring a phone, be sure to turn it off or put it on vibrate. NEVER answer your phone in the Chapel. If the phone vibrates, and you feel that you must respond, leave the Chapel to take the call.

7. Please do not ever bring food or drink to Eucharistic Adoration. If you need water, it is preferred that you quietly step outside the adoration chapel for a drink.

8. Please do remember to take off your hats, dress appropriately, don't chew gum and observe the same etiquette as if you were in Mass.

9. Please do not ever place anything on the altar.

10. Please do not ever touch Monstrance.

11. Meeting your Commitment:

- If you are scheduled to attend, please arrive on time or arrange for a back-up as soon as you know that you will not be able to go.
- Arriving at least 10 minutes before your scheduled hour is preferred.
- Sign the book to record your arrival and departure.
- If there is an emergency, please quietly notify the adorers which are there, that you have a personal emergency and leave quietly.
- If you are attending any of the Nocturnal Eucharistic Adoration hours, please make sure that upon entering or leaving the Cody Center that the door clicks. This will make sure that the Cody Center remains safe and secure. Suggestions for the Hour of Adoration:
 - Read the Booklet for Hours of Adoration (which is in the Chapel on the bookshelf at the entrance)
 - Pray the Liturgy of the Hours
 - Pray the Holy Rosary or Chaplet of Divine Mercy
 - Pray the Stations of the Cross
 - Read Scripture, other religious books or articles
 - Read copies of the Eucharistic Adoration Newsletter

Seminar on the Liturgy of the Hours During Easter

By special request from a number of Eucharistic Adoration Faithful, we have been working on a seminar to provide an awareness to the parishioners of St. Joseph which brings comprehensive information on the Liturgy of the Hours.

Please note that a formal seminar has been developed for presentation to St. Joseph's Parishioners regarding the Liturgy of the Hours.

If you are interested in attending such a seminar in the Fall, please send Rod Cruz a quick email which includes your name, email address and cell phone number. Dates and times are now being considered. What we are doing currently is compiling interested persons who want to attend this seminar. More details will be forthcoming.

Please send your interest email to drrodacruz@gmail.com

Email note should include:

- Your name
- Your email address
- Your CELL phone number
- Your preference for the seminar (Weekday – Morning, Weekday Evening, Saturday Morning)

At this point we are just gathering general interest information so that we can start the final planning process with the parish clergy, administration and facilities management.

SCHEDULE

ADORATION HOURS & LOCATION

Cody Center Chapel

ADORATION HOURS

Monday - Thursday

9:00 AM to 9:00 PM

Friday

9:00 AM to 6:30 PM

ADORATION FOR VOCATIONS

Last Friday

7:00 PM to 8:00 PM

NOCTURNAL ADORATION

1st Friday

Following 7 PM Mass until Midnight

2nd Friday

7 PM until 7 AM Saturday (Hispanic Community)